

THE QURIO

Mag

In My Backyard



Volume 2 | 2023

PIS Mysore (Hebbal)

QURIO MAG EDITORIAL TEAM



Student Editorial Team

S.No	Name	S.No	Name	S.No	Name
1	Ashwathi L L - 9A	7	Sharan K - 8C	12	Sarah shalini V - 8C
2	Omkar P Inamdar - 9B	8	Ghanesh Venkatesh - 8A	13	Abhiram M - 8B
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5	Lalit Prasad B - 8B	11	Parinith M R - 8A	16	Shreya Shashidhar Badiger - 8B
6	Amrutha M - 8C				



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From The Principal's Desk



"Look Deep Into Nature.. And You Will Understand Everything Better"

– By Albert Einstein

The theme for the second volume of school magazine 'The Quiro Mag' is 'My Backyard'. Exploring nature and engaging with green space are now linked with health and well being benefits. Scientific research suggests that having flowers and plants around us helps to reduce stress and anxiety. Almost all students love to do gardening and spend time in green space. The aim of this magazine is to provide a platform for students to express and showcase their ideas, thoughts, imagination and creativity. We are pleased to notice students' contribution to this magazine. The volume 'In My Backyard' has given our students and staff an opportunity to showcase their talents and create a mini garden! Students' contribution of photos, articles, drawings and innovative ideas are appreciated. Teamwork is the hallmark of Podar International School, Mysore. I appreciate the efforts put in by students and staff members. A group of students being the members of the editorial board has done a wonderful job and I congratulate all of them. We sincerely thank our parent fraternity for their cooperation and support in every aspect of school. We are confident the content of this magazine will take the readers to a new world of joy and happiness.

Regards,

Krishna Bangera
Principal

Mr Avinsh K N

Editor-in-Chief: Mr Mathew A

Visual & Media In-charge: Mr Santhosh Kumar P S

Student Editor: Ms Ashwathi L L

Creative Designer: Ms Elizabeth K Francis

What Type of a Gardener are You?



You already know you're a plant person, but there are different types of gardening enthusiasts on this green Earth. Find out which of these relatable growers you identify with the most.

1

If you had to pick **JUST ONE** plant to grow in your garden, which would it be?

- a) rose
- b) cucumber plant
- c) money plant

2

Which of these Indian plants is your favourite?

- a) mogra / jasmine
- b) mint
- c) tomato

3

Which is your favourite creepy-crawly in the garden?

- a) butterfly
- b) earthworm
- c) grasshopper

4

When is your favourite time in the garden?

- a) first thing in the morning
- b) during the rains
- c) at dusk/night

5

If you could add one new thing to your garden, what would it be?

- a) wind chime
- b) compost pit
- c) pond



6

Which of the following makes you smile the most?

- a) seeing some flowers have bloomed
- b) seeing that there's a fruit growing
- c) seeing an earthworm and a centipede



7

Which of these rather special plants would you like to grow?

- a) bird of paradise flower
- b) guava tree
- c) venus fly-trap

8

A fairy godmother grants you a week's vacation Where would you like to go?

- a) garden
- b) orchards
- c) jungle

9

Your friends and family describe your garden as:

- a) beautiful
- b) organic
- c) unkempt

10

When you go to the garden you are first drawn to:

- a) flowers
- b) fruits
- c) trees

Almost finished...

Well done, you're nearly there! One last thing: just complete this sentence in less than ten words:

"I really love gardening because

"

OK, now it's time to find out the results!

Mostly (a)s

You sound like a young **landscape architect** in the making!
It's the sight and 'feel' of a garden that really appeals to you.
Your ideal outdoor space would be full of interesting shapes, vibrant colours and wonderful scents.

Mostly (b)s

You're a bit of a **back-garden farmer**.
Nothing appeals to you about gardening quite so much as the chance to 'grow your own.'
Your ideal garden is one which would give you plenty of opportunity to grow what you can eat.

Mostly (c)s

You're a born **nature warden** and from your point of view, a garden is all about the wildlife that lives in it, or pops in for a visit.
Your ideal garden will be full of all sorts of wildlife-friendly plants that would allow the birds, bees and other wild friends a place to call home.



Upcycled Planters

When we painted the house, my mother asked for these containers to be reused. I got this container to use in the garden as a pot to grow plants in it.



Mst. R A Yadhunandan
5B

Use of available materials to grow plants at home.



Ms. Vasundhara C K
8A



This is a Fenugreek plant. I planted this in my Christmas holidays 2022. I used a small old sweet box for this. After a month, we had it cut and used for cooking. Then, again it grew, but this time I did not cut it. It has grown so tall now. I always take good care of it.



Ms. P Keshika
6A



Upcycled Planters



To make my upcycled plant I used a jam bottle. I painted the bottle red and decorated it with golden glitters and thread. I chose to plant inside the jam bottle. I love the leaves of this plant which is a blend of red, green and yellow colors.



Ms. Amrutha M
8C



My garden is my most beautiful masterpiece.



Ms. Dyuthirmai N M
8A



Mst. Farhaan Ali
6C

Reuse of a Bottle



Upcycled Planters



A beautiful plant is like having a friend around the house.



Mst. Karthik Chandra
7C



I reused a plastic can as a colorful pot to grow a plant in it. I mixed the soil and planted a sapling in it. I watered the plant regularly.



Ms. Tejal S Gowda
5B

For my upcycled plant I used a detergent bottle on which I painted a cute face. The leaves of this plant are tiny and fresh. Happy to see a flower.



Ms. Rishitha S
8B



DID YOU KNOW?



Dragonflies have been around on Earth since before the dinosaurs.



Sunflowers move throughout the day in response to the movement of the sun from east to west.



Some worms have ten hearts.

The typical mature tree can provide enough wood to make 170,100 pencils.



The average strawberry contains 200 seeds. It is the only fruit that has seeds on the outside.



Caterpillars have 12 eyes.



Cucumber is a fruit and not a vegetable since it has seeds in the centre!



Fruit flies were the first living creatures to be sent into space.



The fastest-growing plant in the world is the Burmese bamboo. It can grow up to 91 cm per day. That's almost 4 cm an hour. You could actually watch it grow.



Carrots were originally purple in colour.



Butterflies and caterpillars use their feet to taste.



The world's largest flower is the Rafflesia. It can grow to be 3.3 feet in diameter and can weigh up to 11 kg.



The scientific name for spiders is Arachnid.



The Backyard Talks

Gardening at Home

Gardening is a very specialized process in which a single type of a plant or many varieties of them are grown simultaneously. Gardening can even be done at home in the backyards. Gardening basically can be done anywhere if it is grown with fertile soil, water, sunlight and a good weather.

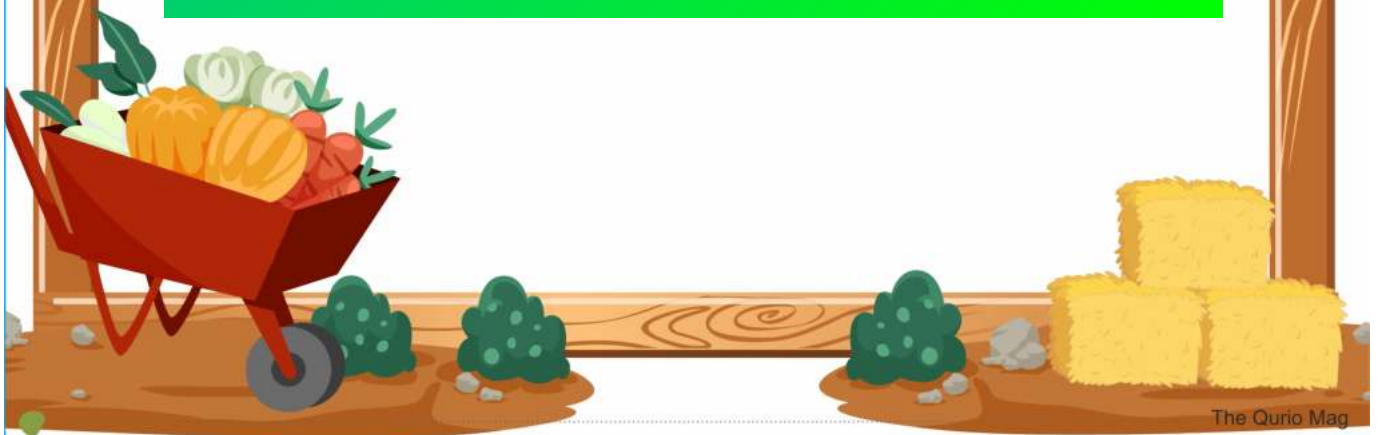
During the pandemic and even after the pandemic many people have started doing rooftop gardening and backyard gardening at their homes. They have started growing vegetables, fruits and many other plants in their backyards.

- Here are some tips to follow while gardening at home:
- Research and analysis on what you plan to grow.
- Make your own soilless mix.
- Buy a seed starter or create one on your own.
- Maintain soil moisture.
- Provide sufficient sunlight.

These days home-grown food has gained popularity because people have become aware of its benefits. Home-grown vegetables and fruits contain no fertilizers, chemicals and pesticides. They are grown naturally using organic manure, compost, insecticides and pesticides; all of which are much less hazardous to a living being's health.



Mst. Yuyutsu Hardik Shah
8B



The Qurio Mag

The Backyard Talks

Flower therapy and its benefits

What is actually bach flower therapy?

Bach flower therapy is an alternative modality carried out using 38 Bach flower remedies. The remedies are vibrational carrying energetic imprint of flowers essences, they are derived from possible composites which are prescribed by the therapist.

What are its benefits?

The remedies used do not have any chemicals. They are purely vibrational. Thus, the therapy is absolutely safe and does not have any side effects.

Needs minimal investment of time and effort.

There is no contamination. No material or individual is involved in the healing process. It's the flowers that heal.

The therapy is highly sustainable and can be made as a way of life. They can be taken along with other medicines.

Bach flower therapy is ideal for sustained wellness and can be taken proactively to prevent illness.



Mst. Shishir B
8A

Gardening

Gardening is a fun hobby that is also beneficial for your health and it can be enjoyed by people of all ages. Plus you get to eat the delicious fruits, vegetables and herbs that you grow. Growing flowers in the garden makes it look gorgeous and colorful. Flowers bring a natural fragrance within the living space. They also attract pollinators such as butterflies, bees and birds which add to the natural beauty in your backyard.

The best site to grow flowers is the one that gets a lot of sunlight, has rich soil, and drains well. For flowering plants, seedlings should be ready for transplanting in the outdoors in the month of March, depending on the variety. For most flower plants one inch of water on clay soil is enough for garden beds each week. Ideally flowers must be watered in the early morning. The crust of the soil needs to be checked frequently. Remove weeds to reduce competition for water and nutrients.



Ms. Haniya Gaima
8A



The Curio Mag

The Backyard Talks

Sahar Mansoor: The Green Warrior

Sahar Mansoor is the founder and CEO of Bare Necessities (BN), a social enterprise that produces zero-waste personal and lifestyle products. This enterprise was titled as one of the top 5 handicraft makers-in-India by Harper's Bazaar. For her work in changing the narrative on waste of India, Sahar has been recognized by Google India as 'The Most Inspiring Indian of the Year'; NDTV named her as a 'Swachh Warrior'; MTV India in association with Jockey Women featured her as one of the six women who have re-defined their career paths of the 21st century.

The University of Cambridge alumni with a background in environmental policy, Sahar formerly worked at the World Health Organization in the Geneva and Selco foundation on renewable energy projects. She is also a freelancer for Huffington Post UK and India. Sahar also attended INSEAD business school for an Executive education program on Social Entrepreneurship (2018). Sahar became a Climate Reality Leader, having received the Climate Reality Training from vice-president Arnold Gore in 2019. She is also a Global Shaper at the World Economic Forum. Sahar has also appeared on Al Jazeera Stream and NDTV live news and was seen talking about plastic pollution and was also on the cover of Verve's "Shaping the Future" issue in June 2020. Other noteworthy publications include Vogue, Elle, Femina, and India Today magazines, among others.

What led you to start Bare Necessities? When I came back to India after my studies, I felt overwhelmed by India's trash problems. I was confronted by it every day. I saw piles of garbage on the streets and spent some time with local trash-pickers, watching them sort through waste with their bare hands. I started to think of the environmental, health and social justice issues associated with our garbage problems.



Mst. Hruthik K.B
8A



Gardening

To be honest, I had no idea that home-grown food was becoming popular until I saw this article topic. Guess I've been living under a rock my whole life.

Anyways, let's get back on topic. And I'd prefer to keep it that way, since I'm famously known to go terribly off topic on everything I do, especially articles.

Home-grown food is turning into the fashion of the present. This was a primary result of the world-wide pandemic that was caused by the Covid-19. Everyone was forced to stay back home, both to keep themselves safe from others, and vice-versa.

Good groceries available at the tip of your fingers were something that was not executable even in the least. Thus, it led to everyone turning self-reliant, and beginning to provide for themselves as much as possible. Of course, you couldn't really take care of substantial matters such as building your own house or anything, but it worked

efficiently in case of trivial matters.

As a matter of fact, there are several opinions around that produce at grocery stores are sprayed with certain chemical pesticides and preservatives to ensure longer shelf-life. Fruits are waxed to keep the same fresh and appealing look that draws the attention of buyers. This could be seriously problematic to the health the consumer.

Another big problem that our country faces at the time is price surges. The price of certain products – onions, of all others – unexpectedly elevates to levels that could turn unaffordable at times. For this reason, growing our own fresh veggies for ourselves is greatly benefitting as we will continue to remain economically stable whatever the cost.

To many, gardening is a potential escape from their troubles in life. It could have possible therapeutic effects and maybe help calm the nerves. I guess there's nothing more relaxing that

stabbing a spade into soft and mushy, newly-watered soil.

On the plus side, it has even more potential of being something to claim pride over. Something you can show off to the others and be like Yeah, I'm awesome, because I just made my own salad!

Trust me, there's nothing more uplifting to your confidence than being able to do something the others can't.

In the end, I'd have to say that it's all your choice; whether to take a taste of some self-reliance, or to stay impervious to the changing world and stay stuck to older, unreliable sources for livelihood.

At the end of the day, this is merely my own opinion.

Maybe I'm being biased.

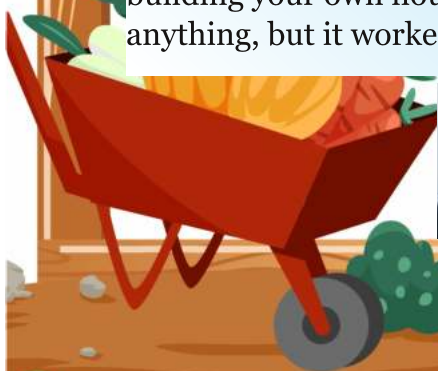
Maybe I'm only looking at it only from a positive aspect.

But I'll leave it at this under the belief that I have, at the least, been able to enlighten you over the possible benefits of trying out home gardening.

Cheers!



Mst. Ganesh Venkatesh
8A



The Backyard Talks

Benefits of Homegrown plants

Homegrown vegetables are GMO free which is specifically known as Genetically Modified Organisms. The DNA of these vegetables(GMO) has been altered in ways that cannot happen in nature or common crossbreeding. Hence growing your own kitchen garden can help you procure chemical free food to maintain good mental and physical health. This mainly improves your intake of fresh vegetables which is said to be a very good way to improve your health. Consuming fresh vegetables and fruits help in maintaining a healthy body. Planting plants in your house can improve your mental well-being, it has been proven that gardening reduces stress according to many scientific studies. You can also enjoy seeing your plant grow and blossom. Eating chemical free, fresh food can help tremendously for brain development and reduce diseases. Working in the garden can drastically reduce our weight related problems and also helps us in staying active. There is also an added benefit of that working under the sun we absorb Vitamin D which is very useful for our body and can help in preventing a lot of health issues. This also plays a major role in lessening the burden on our environment. It reduces the number of pesticides and fertilizers used, the amount of unnecessary water used, air pollution etc.

What you plant today you will harvest
TOMORROW



Mst. N Vinith
9B



The Curio Mag

Compost @Home

Composting is nature's way of recycling. Compost can be used on top of your soil. Mixing compost into the soil gives the soil better structure, nutrients and helps it hold in moisture as well.

You will need

- ☐ an empty 2 litre bottle (make sure it is transparent)
- ☐ raw food scraps (vegetables/fruit peel, tea bags, coffee grounds, raw leftovers)
- ☐ soil, scissors and water spray bottle

Method

- 1) Remove the label and rinse your soda bottle.
- 2) Cut the top off the bottle (the end with the lid). (Take help of an adult)
- 3) Throw a handful of soil into the bottom of the bottle. Follow this with a handful of food scraps. Repeat this process until the bottle is full, finishing with a layer of soil.
- 4) Once your bottle is full, spray the bottle with water (it shouldn't be too wet, but should be damp).
- 5) Place your composter in a sunny spot. When the soil on top dries out, spray with water to maintain a constant level of moisture.
- 6) Watch and wait as your food scraps decompose and turn to soil. You will need some patience as the whole process will take about eight weeks.
- 7) Take photos of the bottle once a week so that you can compare changes that take place from week to week.

What can you Compost:

Browns - Leaves, pine needles, sawdust, wood chips, uncoated paper - source of carbon

Greens - Fresh grass clippings, vegetable scraps, weeds - source of nitrogen

Mixed Ingredients - Moss, coffee grounds, tea bags, flower

What you can't Compost:

Meat scraps, bones, dairy products, pet wastes

Seeds and tuberous plants, diseased plants, waste that attracts pests

Create some fun and interesting items at home.
Always be safe, take help from an adult and do the following activities:

Potpourri



YOU WILL NEED

Any type of flower petals, cloves, and orange peels and cinnamon sticks, decorative bowl, essential oils (optional)

HOW TO MAKE

- Put all the ingredients in a decorative bowl.
- Give it a good mix and can also add a few drops of essential oils (optional) to the mixer.
- The ingredients together will combine to create a great smelling and looking mixture to perfume your room.

Bath Salt



YOU WILL NEED

$\frac{1}{2}$ cup epsom salt, $\frac{1}{2}$ cup sea salt (like the Pink Himalayan salt for the colour, but any sea salt will do), cup baking soda, red food colour (optional), rose petals, any essential oil (tea tree or rose), a mixing bowl, mason jar, whisker and a spoon

HOW TO MAKE

- Start by adding epsom salt, sea salt, and baking soda to a mixing bowl.
- Add 2-3 drops of red food colour (optional) and give it a good mix.
- Then add 5-6 drops of the essential oils and rose petals.
- Now whisk everything together using a whisker.
- Using a spoon pour the mixture into the mason jar.
- Volial! Your salt bath is ready to use.
- You can add 1-2 spoons of the salt bath in the bucket of water and enjoy a calming bath.



Plantable Seed Paper

YOU WILL NEED

1 cup of tiny pieces of used paper, large bowl of warm water, blender, mixing bowl, flat tray, plastic wrap or butter paper, food colour (optional), rough cloth, any plant seeds (coriander, mustard, lemon, flowers and so on.)



HOW TO MAKE

- Soak the paper pieces in the bowl of warm water overnight.
- Put the soaked paper into the blender and fill it half with fresh water.
- Blend until the mixture is pulpy.
- Add food colour, if desired, and then transfer it to the mixing bowl.
- Squeeze the water from the pulp, and make sure there aren't any large chunks of paper in it.
- Next, add a handful of seeds to the paper pulp and mix the seeds into the pulp using your hands or a spoon.
- Place the plastic wrap or butter paper on the tray and pour the pulp. Try to spread the pulp fairly thin, as a thick layer will take longer to dry.
- Use a cloth to press as much water as possible from the pulp, and leave the pulp to dry for at least 24 hours.
- Decorate or write your message with markers on the unseeded side.
- You have created a seed paper and it is ready to be used or gifted to your relatives or friends.

TO PLANT THE PAPER

- Lay it on the surface of the soil and sprinkle about one-quarter-inch thick layer of soil on top.
- Water the soil lightly and keep the seeds wet until they sprout and have a few days to grow roots.



Through My Lens



Ms. Akshitha Malanki
9B

Sunflowers are named for the way they turn their blooms from east to west to follow the sun. Sunflowers symbolize long life, vitality and good luck. Karnataka is India's largest sunflower producer.



‘Nature is not a place to visit,
it is home.’

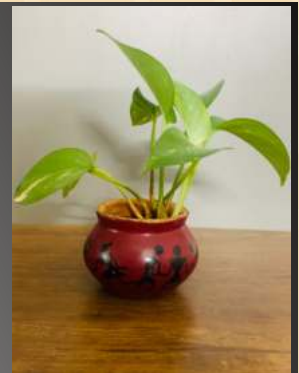


Ms. Niyathi Reddy M
7A

The five leaves of the money plant in each branch represent the five elements. These five elements together attract lots of positive energies to the owner.



Ms. Dhriti J Bhat
5B



Through My Lens

My Beloved Lily



Ms. Ashwathi L L
9A

This Lily plant is my first ever indoor plant I have ever grown. It has not even been two months since I've bought this plant but yet I feel this plant is the closest one to my heart.

I was asked how I would relate it to myself and the answer is that it has been my diary which doesn't have its records. I believe that each leaf contains my joys and each root-hair contains my grief. I got to know that peace lilies are magnetic to dust and give out fresh air; but for me it is magnetic to my problems as it pulls them out and gives me calmness and peace.

I am way too excited as you, my peace lily is going to bloom out your first white flower. Let the flower be filled with all my happiness and gleam.



A beautiful plant is like having a friend around the house.

Ms. Abhigna H C
7A

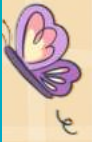


Through My Lens



Gardening is how I relax. It's another form of creating and playing with colors. My garden is my most beautiful masterpiece I have ever seen.

Mst. Omkar Pawan Inamdar
9B



Bougainvillea is a beautiful plant as it symbolizes a sign of welcoming visitors and beauty. The colours of these plants give the feeling of calm and make the mind serene.



Ms. Shriya Ashoka
9A



Through My Lens



A lemon tree started to grow on its own two to three years ago. Since it was growing pretty well I started to water it whenever I was near to it. Now it is closest to me.



Ms. Medha S
7A



Black bamboo is grown in fertile and moist places. This bamboo can grow up to 21m (69 feet). A black bamboo can take 5 to 6 years before it's firmly established. It is grown in tropical and sub-tropical climate.

Black bamboo forms an impressive privacy screen or hedge and can be used as a noise, spray, or dust barrier. It has edible new shoots and its timber is used in the production of musical instruments and other crafts. It is also used for ornamental and landscaping purposes.



Ms. Kashvi
7A



Careers

If you're fascinated by plants or insects, and want to pursue a career around them, the best thing to do is identify your particular interests and strengths. Working with plants or insects can be both creative and scientific. That way, you can choose the appropriate speciality or focus area for you.

If your answer is yes, there are many careers that you can opt to be a part of such as these:

Horticulturist (Pomology, Olericulture, Viticulture, Floriculture & so on.)

Farmer

Plant Morphologist

Perfumer/Fragrance Chemist

Plant / Soil Scientist

Microbiologist

Landscaper

Forest Ranger

Plant Biologist

Ecologist

Botanist

Entomologist

Beekeeper



The Qurio Mag

Green Narratives

The Greenyard

The surrounding is serene;
The sun rays penetrates
through the emerald grass

Dazzling dew drops dripping from
trees
The gentle breeze seems to pierce
through my skin and reach my soul.

The sound of crickets chirping is so shrill
and tranquil
The bickering streams is so harmonizing.

The nature around is perfectly queer
Why want to go to heaven, when it is right
here.

I can sit here forever admiring the beauty
with my wild
Thoughts fidgeting around my head.

I can sit here everyday
till the time runs away.



Ms. Tushara Haritanya
8 C

In My Backyard

In my backyard, the grass is green
A place for playing, and for being
seen
The flowers bloom, with colors bright
A beautiful sight, day and night

The birds sing, a cheerful sound
A welcoming tune, all around
The trees sway, in the gentle breeze
A peaceful scene, that never ceases

There's swing set, for the little ones
Who laugh and play, until the day is
done
And a deck for sitting, in the warm
sun
Where memories are made, one by
one

In my backyard, there's a room to
roam
A place to rest, a place to call home
It's my little slice of paradise
In my backyard, it's always nice.



Mst. Shresth Shrothriya
8A



Green Narratives

Dear Garden
In the backyard behind my home
There lives a garden gnome.
He is a merry little fellow,
Who keeps my daisies bright and yellow.
I wonder if he likes his job,
Just taking care of the corn cob.
Sometimes the thrushes would take peeks,
At his rosy cheeks.
He is short and plump,
And sits on a tree stump.
Next to the hoe,
And that's all I really know.
I'm absolutely clueless about him,
Even though I'm pretty sure he moves in the dim.
I would like to have him join for tea,
Or invite me to one of his bizarre parties.
Dear garden gnome if your reading this,
It would be a bliss.
I hope maybe at half past four,
We could meet at my backyard door.

DEAR GARDEN



Ms. Roshini Omkumar
7C



My Garden

A carpet of long grass
It leaves me in a hypnotic trance
A green and flowery expanse
Lavenders, Violets, Bluebells, Irises and more
Magnificent beauties that can't be ignored
Buds and blooms are aplenty
As seeking all the attention
In the midst standing an ivory spring
It holds like a king
Crystal waters flowing from above
Reflecting the silver glow of moonlight
Casting on ground, a shadow
Lily, lotus and hyacinth plants
Floating on the serene and calm waters
On the fountain's water pools.



Ms. Prerana Vikas
7C

Bites & More

Easy Monaco Spiders



Ingredients

Monaco biscuits
Carrot/Cucumber/Tomato sticks
Cream/Mayonnaise and Choco chip for eyes
Peanut butter/Cheese spread to put in between two biscuits.

Strawberry Ladybugs



Ingredients

Strawberry
Grapes
Toothpicks
Chocolate sauce

Healthy Fruit Bug



Ingredients

Toothpicks
Any fruits/vegetables of your choice
Chocolate sauce & Mint leaves for decoration

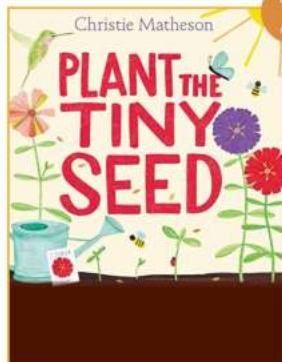
Banana Caterpillar Snack



Ingredients

Banana
Fennel candy(saunf)/Gems/ Rainbow sprinklers
(Please Note: You can use different ingredients for decoration of your choice.)

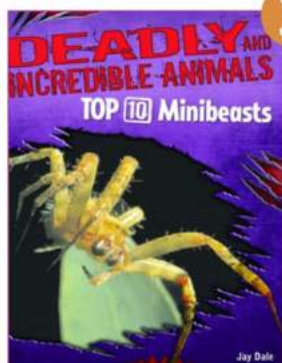
Book Recommendations



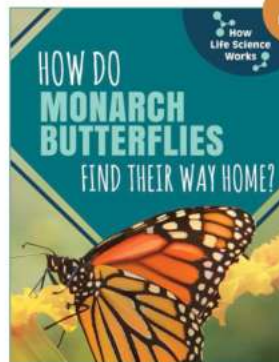
Plant the Tiny Seed
By Christie Matheson



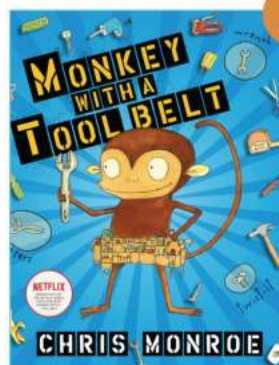
Tap the Magic Tree
By Christie Matheson



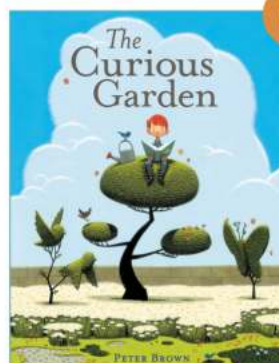
Top 10 Minibeasts
By Jay Dale



How Do Monarch Butterflies Find Their Way Home?
By Kip Almsy



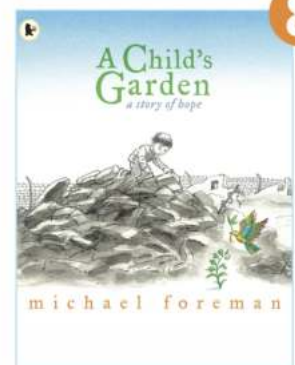
Monkey with a Tool Belt
By Chris Monroe



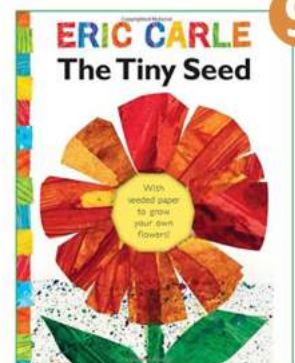
The Curious Garden
By Peter Brown



In The Garden
By Emma Giuliani



A Child's Garden
By Michael Foreman



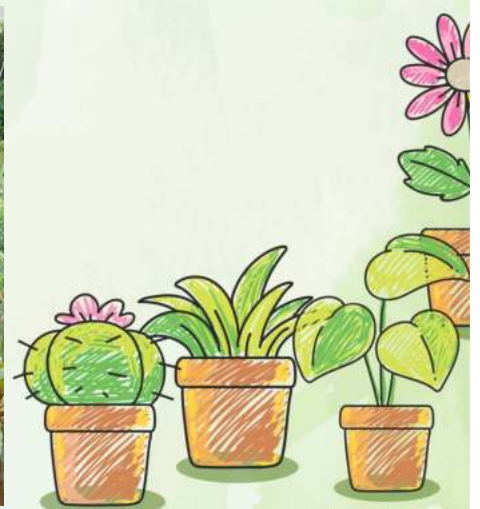
The Tiny Seed
By Eric Carle

Local Nurseries



The Qurio Mag

Local Nurseries



The Qurio Mag

Nature Artwork



Ms. Aakifa Azhar
3B



Ms. Aira Thimmaiah
2A



Ms. V Akshaya
8C



Ms. A R Harshitha Prasad
5A



Ms. Impana S
7C

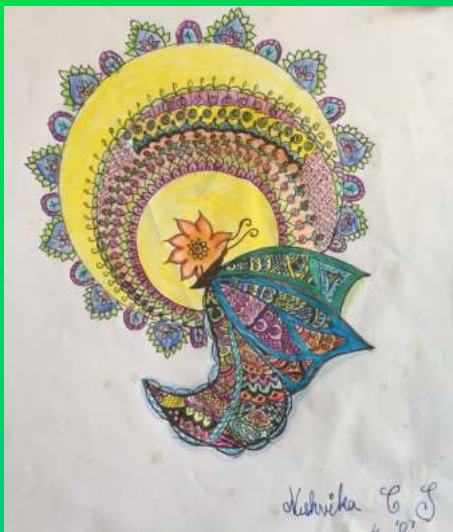
Nature Artwork



Mst. Lilat Prasad B
8B



Ms. Niksha K
5A



Ms. Nishvika C shashikumar
4B



Ms. Thanushree T G
6A

Nature Artwork



Ms. Manya Y P
7C



Ms. S Anoushka
7C



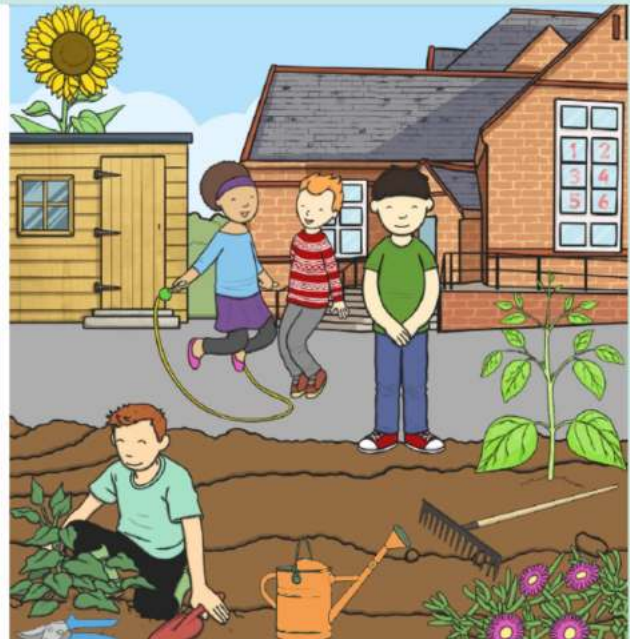
Ms. R N Raeshma Shri
1B

Brain Play



Spot The Difference

Can you identify 6 differences between the two pictures?



Word Search

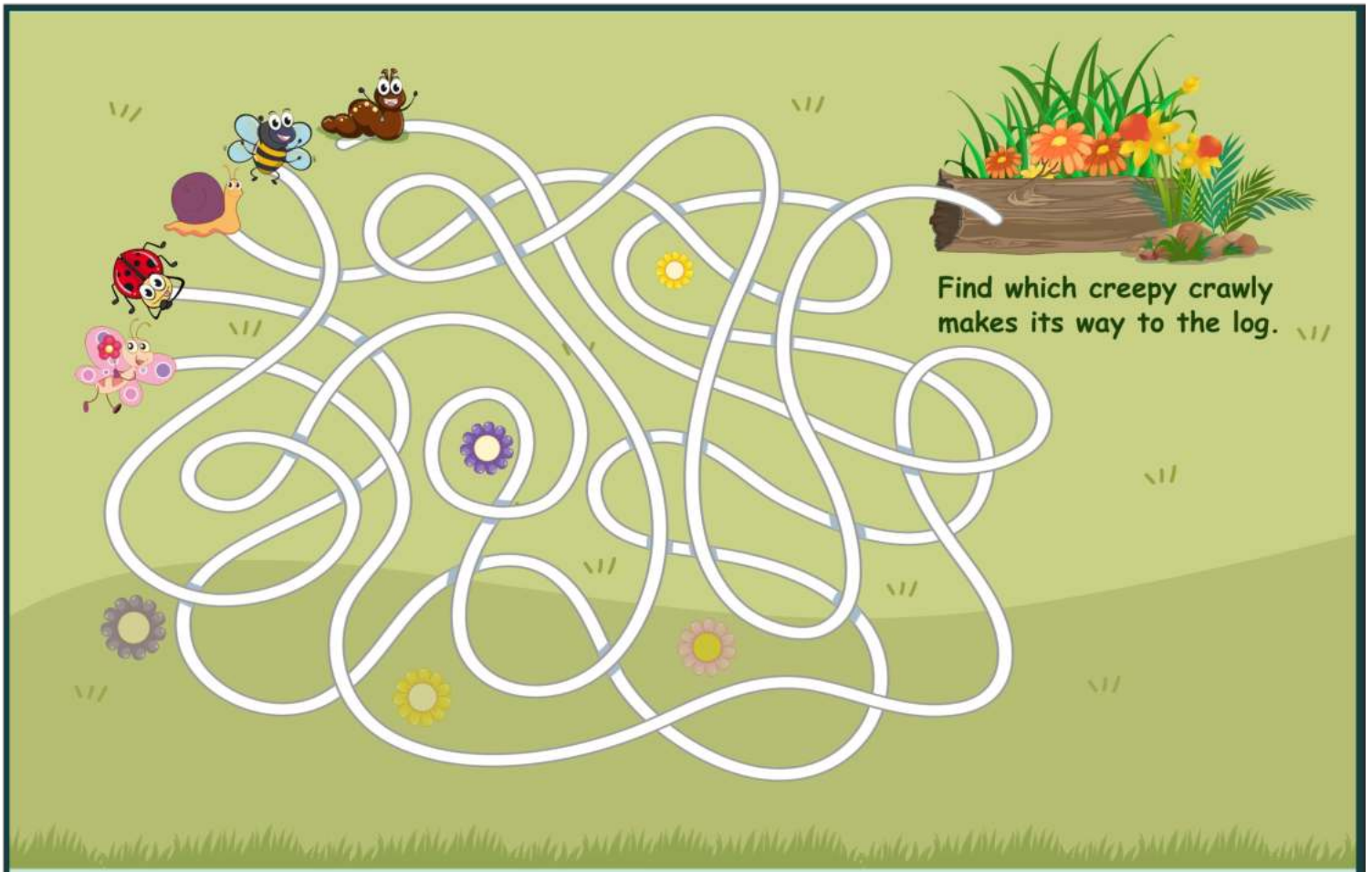
V	E	A	E	E	R	O	L	P	X	E	E	P	L
E	N	N	A	T	N	L	A	D	Y	B	U	G	N
N	I	E	W	A	T	E	R	M	E	L	O	N	I
U	H	B	T	H	G	I	L	R	A	T	S	A	B
E	S	R	O	E	R	R	F	O	X	S	O	E	O
C	N	E	R	O	A	H	S	R	I	M	N	C	R
R	U	V	H	N	A	S	O	L	S	T	I	C	E
E	S	E	A	I	N	U	T	E	P	O	C	D	E
E	I	Y	R	R	E	B	E	C	I	V	R	E	S
K	Y	S	I	A	D	L	A	V	E	N	D	E	R
M	E	C	U	R	P	S	E	U	L	B	I	N	S
D	R	I	B	G	N	I	M	M	U	H	S	S	X
E	S	T	P	N	R	R	I	I	K	I	G	G	S
M	E	L	H	O	N	E	S	S	U	C	L	L	E

Solstice
Hummingbird
Daisy
Honeysuckle
Petunia

Verbena
Ladybug
Hiking
Blue Spruce

Starlight
Serviceberry
Creek
Robin
Watermelon

Explore
Lavender
Sunshine
Fox



Find which creepy crawly makes its way to the log.

Leaf Doctor

What does the leaf say?

Firm & Yellow

Calcium in compost of lime-hating plants

Brown Tips or Edges

Dry air or contact bruising. Also possible watering issues-check for other symptoms

Spotty or Patchy

Crisp & brown = underwatering
Soft & dark brown = overwatering

Wilting

Underwatering or waterlogging. Too much light, heat or dry air also possible

Falling Yellow Leaves

Over watering or cold draughts

Lower Leaves Dried & Falling

Too little light, too much heat, underwatering

Curled & Fallen

Too little heat, over watering or cold draughts

Shock From sudden temperature change or light intensity, or dryness at root

Sudden Leaf Fall

Dull & Lifeless

Too much light, dirty or dusty leaves

Leaf Fall on New Plant

Sometimes due to movement or light shock

Spotlight @PIS



PIS Mysore 2 won first prize in state level 'Yoga Vyuha'(Yoga Formation) competition held on 29th November 2022. This state level competition was organized by 'Kreedha Bharati Mysuru' in association with the Physical Education Department University of Mysore. The Youth Empowerment & Sports Minister of Govt. of Karnataka Dr. K C Narayana Gowda presented the trophy and a cash prize of Rs 1,00,000/- to our school. Ms Sathyavathi Yoga instructor trained the students along with teachers of physical education department of the school.



Spotlight @PIS



Mst. Pratham S Bhat of grade 5 A participated in the training programme in Karate and met all the criteria and achieved Junior Shodan rank and received black belt on 8th January 2023.



Ms Atitha B S of grade 6B participated in 2nd Sub junior/Junior & senior National level curling Championship 2022-23 organized by J&K Curling Association and secured Bronze medal under -18. She also achieved silver medal in mixed team under 14 category.



Mst. Sanath H Gopinath of grade 10 A is awarded with a certificate for having passed certificate 'A' Examination in A grade under the authority of Ministry of Defence, Government of India. It is certified by NCC.

